



Launton C.E Primary School Physical Education Policy

RATIONALE

Launton Primary School believes that PE is essential to the development of the whole child – physical, academic, social, emotional, spiritual and psychological. Through engaging, inclusive and high quality PE, we aim for our children to develop a passion for being physically active and to equip them with the knowledge, skills and motivation necessary to lead healthy lives. We believe that PE provides the foundation for a healthy lifestyle and promotes essential life skills and learning experiences that will help our children lead happy and rewarding lives.

Our vision is that through PE, sport and physical activity we provide opportunities for *all* to be active, thereby creating physically literate children who will be happy and healthy for life.

THE AIMS OF PHYSICAL EDUCATION

1. To promote a positive, lifelong attitude to being physically active, developing a healthy mind as well as a healthy body.
2. To develop physical literacy and the skills and knowledge to confidently take part in a range of activities.
3. To develop the ability to work cooperatively with others in a range of physical activities and to compete with a positive mind-set and a sense of fair play.
4. To provide fun and engaging opportunities for all children to achieve their full potential.

We aim to deliver a broad and balanced programme based on the National Curriculum objectives, giving **all** children the opportunity to extend their range of physical skills. Through physical education we aim to develop interpersonal and problem-solving skills, develop personal qualities, such as self-esteem, confidence, tolerance and empathy, and help forge links between the school and its community.

Physical Education Curriculum

All pupils have 2 hours of PE lessons a week. The National Curriculum Program of Study develops physical literacy throughout. In EYFS, the children begin to develop fundamental movement skills and agility, balance and coordination which continues into Key Stage 1. These building blocks of movement provide a strong foundation and are the basis for the development of fundamental sport skills in Year 3 and 4 and sport specific skills in Year 5 and 6. The curriculum is broad and balanced and develops skills involved in games (invasion, striking and fielding and net and wall games), athletics, gymnastics, dance as well as Challenge Activities, and swimming in KS2. Competition plays an important part in our PE curriculum, amongst other benefits it provides children with motivation to achieve a goal,

demonstrate determination, perseverance to overcome a challenge and to understand that hard work and commitment leads to greater chance of success.

All staff follow the Curriculum Map and use the Rawmarsh Scheme of work and Get Set for PE to compliment the National Curriculum for medium and short term planning.

Staffing

P.E. is taught throughout the school by the class teacher. The lead teacher for PE provides support for all those teaching PE, in addition to sourcing direct input from NOSSP and specific coaches. The classroom teacher is also be responsible for monitoring the progress of the children in their class and reporting this on an annual basis.

The PE Lead Teacher is responsible for the overall monitoring and evaluation of the quality of PE, school sport and physical activity provision. Several methods are used –

- 1) Completion of The Youth Sport Trust Quality Mark online self-review. This provides a thorough audit of our PE, school sport and physical activity provision and identifies priorities for our development plan. The tool is aligned with Ofsted guidance and provides us with a nationally recognised badge of excellence for PE and school sport.
- 2) Completion of the School Games Mark. This allows monitor and evaluate our commitment to the development of competition across the school and into the community.
- 3) Managing and evaluating the impact of the Primary PE and Sport Premium funding for the 5 key indicators, to be published on the School website annually and to be responsible for the spending of the PE annual budget.
- 4) Completion of the School Games Inclusive Health Check. This allows us to reflect on our PE, school sport and physical activity provision for specialist populations such as young people with SEND, BAME, Girls, Faith groups, children who are eligible for Pupil Premium.
- 5) Responsibility for reviewing the PE Policy.
- 6) Responsibility for the organisation, care and ordering of PE equipment.

Physical Resources Available for PE

We have a range of facilities available for use. The school hall is timetabled for use by every class for indoor P.E. sessions and is equipped with a range of gymnastics equipment which includes fixed apparatus, moveable apparatus, benches and mats. The PE store cupboard has a range of equipment for curriculum PE. Outdoors, we have a school field marked with running tracks, football and rounders' pitches and a running track around the perimeter. On the playground, we have a marked netball court and variety of markings to encourage active play. Year 4 to Year 6 take part in swimming sessions. Swimming lessons take place at Bicester Sports Centre and the children travel there by bus.

Health and Safety

We recognise that participation in PE, Sport and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus
- Pupils wear appropriate clothing, footwear, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible they should be securely taped and the teacher is confident this strategy is effective. Our School PE kit (a red plain t-shirt, navy blue or black shorts, Trainers and a tracksuit/joggers/fleece for outdoor PE) does not discriminate based on gender, race, disability, sexual orientation or belief.
- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics and dance.
- Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in.
- Equipment and apparatus is stored safely at the end of each lesson.
- Annual safety checks and repairs are carried out on gymnastic equipment. Staff check apparatus as it is being taken out for every lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- Procedures for dealing with an accident: If it is a minor accident it is dealt with on site by the class teacher. If the accident is more serious the child is taken to a paediatric-trained first-aider. All TAs and teachers are first-aid qualified.

Inclusion

All pupils have an opportunity to develop physical literacy irrespective of their gender, ethnicity, ability, cultural and socio-economic background, physique and the level of maturation and fitness. As with all subjects, teachers differentiate appropriately to ensure inclusion; the STEP (Space Task Equipment People) guidelines are often used to specifically support this.

All children are expected to have appropriate P.E. kit in school and participate in all P.E. lessons, spare kit may be borrowed from school stock if required. A parent letter is required for medical conditions that mean a child may not take a full and active part in the lesson. Teachers will make every effort to find a way to include these children within the lesson, for example as scorer, umpire, starter, observer etc.

Time Allocation

Each pupil has 2 hours of high quality PE per week. Additionally, all children are encouraged to participate daily in active playtimes, local competitions and festivals. Following the Youth Sport Trust's 'Active 30:30' initiative all staff are also encouraged to increase physical activity outside timetabled PE sessions, for example through Active Learning and Launton Laps type activities. Supporting the government's recommendation for 1 hour per day physical activity for 5-11 year olds, the school recognises a shared responsibility with our pupils' families for engaging children in daily physical activity.

Extra-Curricular Opportunities

As part of the North Oxfordshire School Sport Partnership, we participate in the extra-curricular programme which compliments and extends the range of activities covered in curriculum time through both inclusive and competitive tournaments and festivals. Additionally, school Sports' Premium funding is used to invite qualified coaches to lead specialist sessions, as well as our own staff leading after school clubs.

Progression, Assessment and Monitoring

Teachers record expected outcomes at the end of each module to indicate each child's level of attainment: working at expectations, below, above. These assessments and achievements are formally reported to parents through the school's annual reporting process.

Date of review: June 2021

Date to be reviewed: June 2024